

Sit Skiing Helper

Couple years ago, the club got 2 sit skis. Anyone with or without disability can access them anytime.

Unfortunately in the last couple of years they haven't seen a lot of use. Sit skiing is very hard and can feel intimidating at first especially when coming alone.

That's why this year, we created a new volunteer position as Sit skiing helper.

The idea, after training, is to support sit skiers by skiing with them. The sit skis are built to be able to be pulled or slowed down with a harness and rope system.

We are hoping to pair anyone interested in sit skiing with a volunteer and make use of this equipment as well as giving the opportunity to anyone to get some fresh air.

- Time Commitment

We will be pairing volunteers with sit skiers. Time commitment will be discussed within the team and everyone's availability. If a sit skiers want to enjoy the trail a lot, we could also have a few volunteer helping the same person and split the shifts.

- # of Volunteers Needed

5

- Duties and Responsibilities

- ❖ Support sit skier in their adventure on the trail
 - Pick up/drop off the sit ski at the ski chalet
 - Meet with the sit skier in the ski stadium
 - Support the skier along the trail

- Required Skills

- ❖ **Having good ski abilities- intermediate level (pulling or slowing down a sit ski can be challenging)**
- ❖ Friendly
- ❖ Having the ability to interact with people
- ❖ Having a good general fitness

- Required Certification or Documents

None

- Training

Training will take place during our annual sit skiing introduction event for the general public where volunteer helper will meet participants

- Respond to: Ben Poudou, club manager info@xcskiwhitehorse.ca

- Sign as a volunteer for this position [here](#)