**How to Measure Children's Cross-Country Ski Boot**

Materials Needed: paper, pencil, measuring tape in centimeters.

**Step 1** – take off shoes

**Step 2**- have child stand with feet beside each other and estimate if one foot is larger (some kids have 1 size difference!)

**Step 3**- have child put their biggest foot on a piece of paper. Trace around entire foot (wearing socks)

**Step 4**- measure (in centimeters) the distance of the traced foot from the heel to the big toe

**Step 5-**input data into conversion chart below (always round up to account for heavier socks!)

**Step 6**- list student’s names and euro sizes on supplied form to submit to ski s’cool by email.

APPROXIMATE CONVERSION CHART:

Cm. Euro Size

16.5 cm = size 27

17 cm = size 28

17.5 cm = size 29

18 cm = size 30

18.5cm= size 31

19 cm = size 32

20 cm = size 33

21 cm = size 34

22 cm = size 35

22.5 cm = size 36

23 cm = size 37

24cm= size 38

25cm= size 39

26 cm = size 40

26.5cm= size 41

27cm= size 42