

Trail Etiquette

1. Faster skiers should step around slower skiers when it is safe to do so.
2. Trails are two-way **unless noted** – use caution on hills and keep right.
3. When stopping to re-wax or chat, please step aside so other skiers can stay in the track.
4. Downhill skiers have the right of way.
5. Please pack out all litter.
6. If walking is necessary, stay to one side and avoid walking on set tracks.
7. If you fall, fill in any holes left behind so it is safe for the next skiers.
8. Skaters should move to the right when approaching another skater.
9. Avoid skiing directly behind grooming equipment - allow one hour for snow to harden.

Dogs

1. Dogs are allowed on designated trails which are: Dog Trail, Copper to Dog Trail via Ketzta Connector, Copper beyond Harvey's Hut, Valley Loop, Logan Burn, Copper Haul Road, Copper Connector, Jeff Link and Valley Link. McIntyre Ascent/Descent & Fraser Loops useable after November 15th. Skiers may now use Sundog trail as an alternative to Dog Trail for returning (Courtesy of Kwanlin Dun Coyotes Ski Club).
2. Dogs must be under control when approaching other skiers.
3. Dogs are allowed at Mt McIntyre Rec Centre only where indicated.
4. Owners are expected to clean up after their pets.
5. Access for dogs at the Dog Trail parking lot, and at the Mt Mac parking lot. Use the designated access route from the parking area to the ski trails.
6. Maximum 2 dogs per skier.
7. City Bylaws regarding dogs apply to the ski trails. Please obey the dogs on leash signs where posted.

Trail Information

1. Season pass (club membership) or day pass required to use the Trails and Wax Room. Passes available at The Ski Base in the Mt. McIntyre Rec Centre.
2. There are 80 kilometres of groomed trails for classic and skating technique.
3. Trail huts: Sarah Steele Hut, Bruce Harvey Hut and Fireweed Hut are equipped with stoves and firewood. Huts are available for members on a first come, first served basis. Emergency supplies are located in each hut.
4. Lighted trails: Dog/Copper Loop is 2.5 km. The World Cup 5k/Chalet Trail loop is 2.5K. Clockwise direction is recommended. Lights are on Monday to Friday evenings until 9:00pm unless the temperature is colder than -30°C.
5. Trail Conditions board in the wax room has updates on trails and hazards.
6. One way travel on following trails and trail sections:
 - Sarah Steele Loop in a counter-clockwise direction
 - World Cup 10K one way only from Raven's Ridge trailhead to KK corner in a clockwise direction – two-way on other sections – stay right
 - Pierre Harvey Loop – one way only - counterclockwise
 - 7.5K Trail one way only, from Fireweed Hut to Western Connector
 - Check the trail map for other one way recommendations
7. Signs indicating direction back to Wax Room show the shortest route back.
8. McIntyre Ascent and Descent Trails are maintained sporadically. Recommended for experienced skiers only. Watch for snowmobiles on Descent.
9. Summer use: trails are open for hiking, running, mountain biking and walking. Bears may be encountered so be prepared. The Ski Club is not responsible for summer trail operation or maintenance.

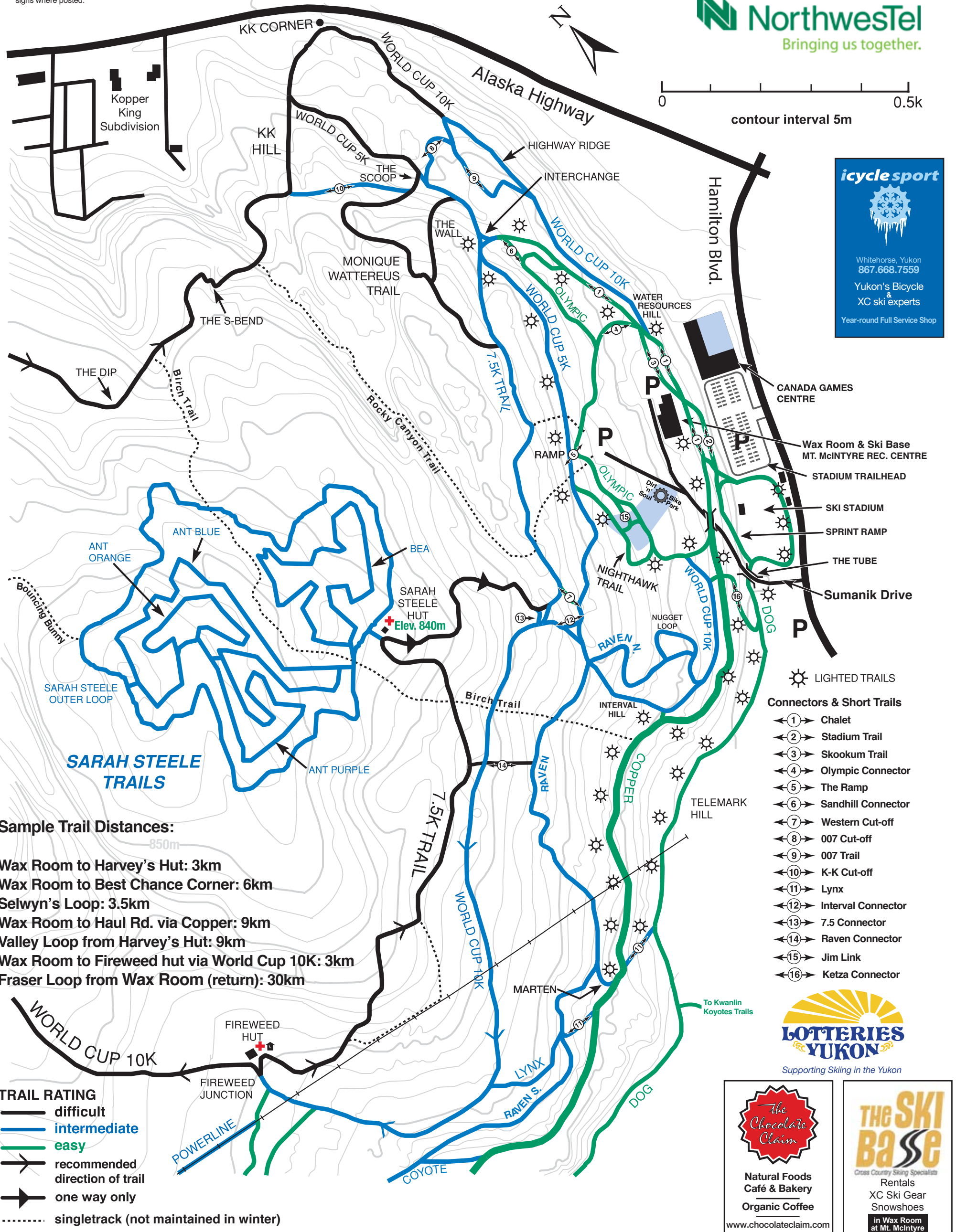


**HOME OF THE
WHITEHORSE CROSS COUNTRY SKI CLUB**
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Sample Trail Distances:

- Wax Room to Harvey's Hut: 3km
- Wax Room to Best Chance Corner: 6km
- Selwyn's Loop: 3.5km
- Wax Room to Haul Rd. via Copper: 9km
- Valley Loop from Harvey's Hut: 9km
- Wax Room to Fireweed hut via World Cup 10K: 3km
- Fraser Loop from Wax Room (return): 30km

TRAIL RATING

- difficult
- intermediate
- easy
- recommended direction of trail
- one way only
- singletrack (not maintained in winter)

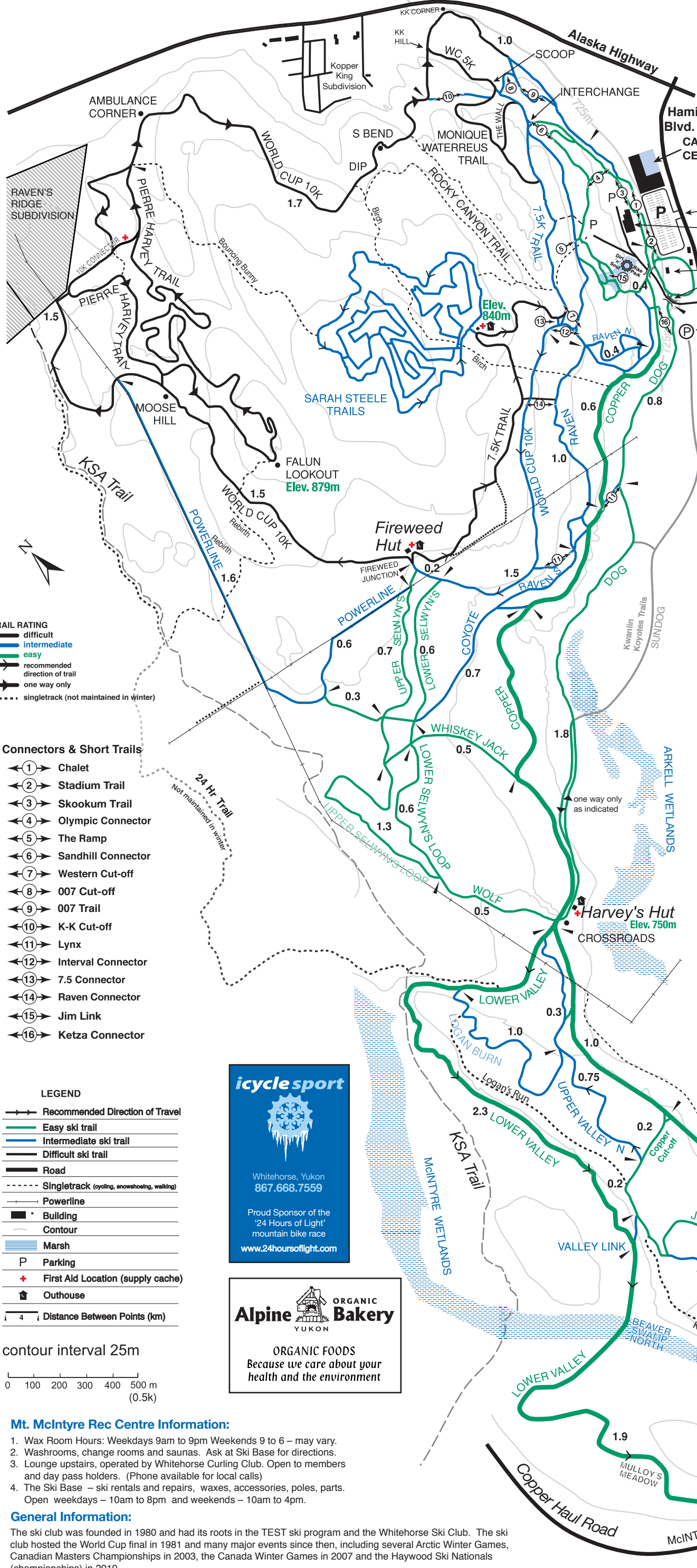
- CONNECTORS & SHORT TRAILS**
- ① Chalet
 - ② Stadium Trail
 - ③ Skookum Trail
 - ④ Olympic Connector
 - ⑤ The Ramp
 - ⑥ Sandhill Connector
 - ⑦ Western Cut-off
 - ⑧ 007 Cut-off
 - ⑨ 007 Trail
 - ⑩ K-K Cut-off
 - ⑪ Lynx
 - ⑫ Interval Connector
 - ⑬ 7.5 Connector
 - ⑭ Raven Connector
 - ⑮ Jim Link
 - ⑯ Ketzta Connector



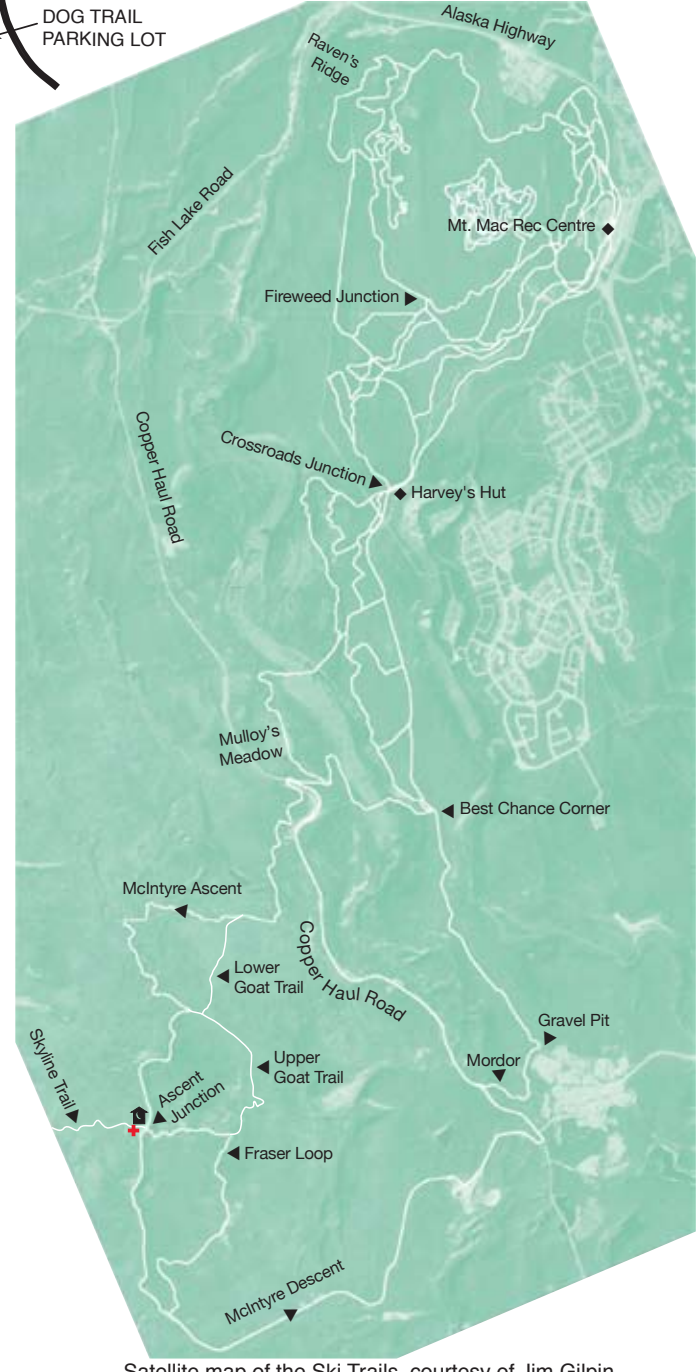
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Trail information current as of August 2011. Original map work done by Ross Burnett and Jim Gilpin. Map Revisions by Allan Frostad.



- Safety**
- Trails are designated as easy, intermediate and difficult. However, an easy trail can become difficult in poor snow or icy conditions. Even difficult trails can be skied by novice skiers in good snow conditions. Steep hills can be walked or side stepped when in doubt.
 - Rest before you feel tired! Drink before you feel thirsty! Eat before you feel hungry! Know your limits and plan your outing so that you can return safely.
 - Wear layered clothing so that you can adjust as you warm up and cool off.
 - On long tours take matches, fire starter, snacks, water, extra mitts and toque.
 - Always take wax and cork. Take a wax for the present temperature range and one for warmer weather. Wax when you start slipping to avoid getting tired and frustrated.
 - Let somebody know where you plan to ski and when you will return. If skiing alone or on an extended outing use sign out book located by wax room entrance.
 - Know the symptoms of frostbite and hypothermia.
 - Trails are randomly patrolled by the Nordic Canadian Ski Patrol.
 - Emergency supplies located at trail huts and other locations as indicated on the map: matches, spare hats, mitts and other warm clothing.
 - Outdoor pay phone 25 metres south of the wax room entrance. Dial 911 for emergencies.**
 - AED (defibrillator) located in Wax Room and Mt Mac lobby.**



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Mt. McIntyre Rec Centre Information:

- Wax Room Hours: Weekdays 9am to 9pm Weekends 9 to 6 – may vary.
- Washrooms, change rooms and saunas. Ask at Ski Base for directions.
- Lounge upstairs, operated by Whitehorse Curling Club. Open to members and day pass holders. (Phone available for local calls)
- The Ski Base – ski rentals and repairs, waxes, accessories, poles, parts. Open weekdays – 10am to 8pm and weekends – 10am to 4pm.

General Information:

The ski club was founded in 1980 and had its roots in the TEST ski program and the Whitehorse Ski Club. The ski club hosted the World Cup final in 1981 and many major events since then, including several Arctic Winter Games, Canadian Masters Championships in 2003, the Canada Winter Games in 2007 and the Haywood Ski Nationals (championships) in 2010.

The ski club is a partner with the Whitehorse Curling Club and the City of Whitehorse in operating the Mt McIntyre Rec Centre, which is a city owned building. It was opened in 1981 and the curling rink was added in 1985.

To book the Grey Mountain banquet room at Mt Mac please call the Canada Games Centre 668-8360. To book the Wax Room call the club office at 668-4477

WHITEHORSE CROSS COUNTRY SKI CLUB