

WHITEHORSE CROSS COUNTRY SKI CLUB

2009/2010 JACKRABBIT/BUNNY PROGRAM REGISTRATION

Name: _____ Date of Birth: _____ Age _____ M / F

Parent Name _____ Contact #: _____

Email address: _____

Alternate Contact: Name _____ Phone # _____

Jackrabbit/Bunny last year? Yes _____ What Level attained last year: _____
No _____ Other ski experience? _____

Please list any allergies or medical conditions that your child's leader should be aware of: _____

PLEASE NOTE:

Jackrabbit and Bunny leaders must be certified by Cross Country Yukon. There will be courses provided in the fall and winter. Please contact the ski club office 668-4477 for more information.

Lesson times:

Tuesdays – January 12, 2010 to March 2, 2009 3:30pm to 5pm Children should arrive 5 minutes early and be prepared to go outside. A snack will be served between 3:30 and 4pm in the Grey Mountain Room.

The Jackrabbit Ski Program is for children 6 to 9 years old who would like to learn to cross country ski while having fun with a group of kids. The program uses a progression of skill development to teach all the basic ski skills. The main focus of the program is to encourage kids to have fun on skis by playing games on the snow, and using a variety of terrain around the Mt McIntyre Rec Centre.

The Bunny Program is for children 4 and 5 years old. It is an introduction to cross country skiing and requires parental involvement.

Payment

Program Fee: \$45 (No GST)
Ski Club Membership \$ _____ (plus GST) **Fill out membership form first.**
Total Paid

Please make cheques payable to: "Whitehorse Cross Country Ski Club" (Visa, MC and Interac also accepted at Ski Base)

Volunteers needed to make hot chocolate and snacks. Are you available to help on Tuesdays from 3:30 to 4pm? Yes _____
Volunteers Leaders or Helpers are needed. Training is available. Are you interested? Yes _____

Assumption of Risk, Release of Liability and Waiver of Claims:

I HEREBY AGREE to abide by all the Rules and Regulations of Cross Country Canada (hereafter called CCC), Cross Country Yukon, hereafter called the Division and to participate in the events, activities, and programs sanctioned by CCC and the Division in accordance with the Association's rules, regulations and bylaws.

In consideration of CCC, the Division and the Whitehorse Cross Country Ski Club, acceptance of me as a registered member of the Association and my being permitted to take part in the Association's events, activities and programs, I hereby for myself, my heirs, executors, administrators and assigns, forever release, discharge, hold harmless CCC and the Division and the Whitehorse Cross Country Ski Club, it's directors, officers, employees, representatives or agents.

Signed: _____ Date: _____
(Signature of Parent or Guardian)

FOR OFFICE USE:

WCCSC Membership: paid _____ waiver signed _____ computer _____ card _____

WHITEHORSE CROSS COUNTRY SKI CLUB

Program Registration: paid _____ computer _____

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IMPORTANT INFORMATION FOR THE 2008/2009 JACKRABBIT & BUNNY PROGRAM

Coaching certification:

Leaders are needed! If you are interested in volunteering as a leader, please call the club office at **668-4477** to find out about Coaching Courses.

Cross Country Canada requires all Jackrabbit and Bunny leaders to complete the NCCP 'Intro to Community Coaching' workshop. Jackrabbit leaders must also take the 'Community Coaching' session, which includes on-snow instruction where coaches focus on the technical aspects of skiing. Coaches who are fully certified with the former NCCP Level 1 skiing course are not required to complete the Community Coaching workshops.

Introduction to Community Coaching Certification (ICC)

This is the minimum training required to lead Bunnies or assist with Jackrabbits. The course is 10 hours of classroom training. Participants should bring paper, pen, binder and snacks.

Course #1 Facilitator – Nick Stratis/Amanda Deuling
Date: Fri. October 23 6:00 pm -9:00 pm; Sat. October 24 9:00 am – 4:00 pm

Course # 2 Facilitator – Nick Stratis/Amanda Deuling
Date: Friday, January 8 6:30 – 9:30; Saturday, January 9 9:00 am – 4:00 pm

Community Coaching (CC)

This certification is required to be a Jackrabbit or Lynx leader. The course includes on-snow session. The courses will run even if there is no snow! (On snow session would be re-scheduled). ICC is a pre-requisite for this course.

Course #1 Facilitator - Nick Stratis/Amanda Deuling
Date: Sat. November 7 8:30 am – 4:30 pm; Sun. November 8 8:30 am – 4:30 pm

Fees

- \$40/course to offset costs (eg: binder, room, instructor etc)
- payable at first session – cheque made out to Cross Country Yukon
- a minimum of 5 participants is required to offer the course
- Please contact Amanda Deuling at 332-4734 or email to register
- If you want us to offer another course, please let Amanda know. If there is enough interest we will try to accommodate it.

Security screening:

In addition to the coaching certification, all coaches and leaders must complete 2 RCMP screening forms: 'the Consent for disclosure of criminal record info' and 'the Consent for a record check for a sexual offence'. These 2 forms can be picked up from the RCMP detachment. The coach has to bring the completed forms to the RCMP themselves, or they can fill them in right there, and show 2 pieces of ID (one photo ID). The RCMP will tell them when to pick the forms up and then the coach must bring them back to the WCCSC. The forms will be confidential - only the named person (our Vice-President) from CCY will look at the forms to see if there are any problems.