

Whitehorse Cross Country Ski Club



MONDAY

2011/2012

JACKRABBIT/BUNNY PROGRAM REGISTRATION

Name: _____ Date of Birth: _____ Age _____ M / F

Parent Name _____ Contact #: _____

Email address: _____

Alternate Contact: Name _____ Phone # _____

Jackrabbit/Bunny last year? Yes _____ What Level attained last year: _____
No _____ Other ski experience? _____

Please list any allergies or medical conditions that your child's leader should be aware of: _____

When: Mondays – January 9, 2012 to February 27, 2012

3:30pm to 5pm

Children should arrive 5 minutes early and be ready to go outside. Skis must be waxed and ready to go! A snack will be served between 3:30pm and 4pm.

Where: On Monday January 9 meet in the wax room (Downstairs at Mt Mac)

What: The Jackrabbit Ski Program is for children 6 to 9 years old who would like to learn to cross country ski while having fun with a group of kids.

This program depends on the help of parent volunteers. If we don't have enough volunteers, there will be fewer children enrolled.

Volunteers Leaders or Helpers are needed. Training is available. Are you interested? Yes ____ No ____
(training and RCMP check are required...see the attached page for more information)

Volunteers needed to make hot chocolate and snacks. Are you available to help on Mondays from 3:30 to 5pm? Yes ____

Payment

Program Fee: \$50 (No GST)

All jackrabbit and bunny participants must be members of the WCCSC; Membership form must be filled out

Please make cheques payable to: "Whitehorse Cross Country Ski Club" (Visa, MC and Interac also accepted at Ski Base)

Assumption of Risk, Release of Liability and Waiver of Claims:

I HEREBY AGREE to abide by all the Rules and Regulations of Cross Country Canada (hereafter called CCC), Cross Country Yukon, hereafter called the Division and to participate in the events, activities, and programs sanctioned by CCC and the Division in accordance with the Association's rules, regulations and bylaws.

In consideration of CCC, the Division and the Whitehorse Cross Country Ski Club, acceptance of me as a registered member of the Association and my being permitted to take part in the Association's events, activities and programs, I hereby for myself, my heirs, executors, administrators and assigns, forever release, discharge, hold harmless CCC and the Division and the Whitehorse Cross Country Ski Club, it's directors, officers, employees, representatives or agents.

Signed: _____
(Signature of Parent or Guardian)

Date: _____

FOR OFFICE USE:

WCCSC Membership: paid _____ waiver signed _____ computer _____ card _____

Email: info@xcskiwhitehorse.ca

Website: www.xcskiwhitehorse.ca

Whitehorse Cross Country Ski Club



Program Registration: paid _____ computer _____

Email: info@xcskiwhitehorse.ca

Website: www.xcskiwhitehorse.ca



IMPORTANT INFORMATION FOR THE 2011 JACKRABBIT & BUNNY PROGRAM

Coaching Certification:

Leaders are needed! If you are interested in volunteering as a leader, please call the club office at **668-4477** to find out about Coaching Courses.

Cross Country Canada requires all Jackrabbit and Bunny leaders to complete the NCCP 'Intro to Community Coaching' workshop. Jackrabbit leaders must also take the 'Community Coaching' session, which includes on-snow instruction where coaches focus on the technical aspects of skiing. Coaches who are fully certified with the former NCCP Level 1 skiing course are not required to complete the Community Coaching workshops.

Introduction to Community Coaching Certification (ICC)

This is the minimum training required to lead Bunnies or assist with Jackrabbits. The course is 10 hours of classroom training. Participants should bring paper, pen, binder and snacks.

ICC Dates: October 22 (9am to 4 pm) and November 18-20th (Combined ICC and CC course)

Community Coaching (CC)

This certification is required to be a Jackrabbit leader. The course includes on-snow session. The courses will run even if there is no snow! (On snow session would be re-scheduled)

CC Dates: November 18--20th (Combined ICC and CC course)

- Please contact Sarah Murray at 335-0192 or at programs@xcskiwhitehorse.ca to register.
- If you want us to offer another course, please let Sarah know. If there is enough interest we will try to accommodate it.

Security screening:

In addition to the coaching certification, all coaches and leaders must complete 2 RCMP screening forms: 'the Consent for disclosure of criminal record info' and 'the Consent for a record check for a sexual offence'. These 2 forms can be picked up from the RCMP detachment. The coach has to bring the completed forms to the RCMP themselves, or they can fill them in right there, and show 2 pieces of ID (one photo ID). The RCMP will tell them when to pick the forms up and then the coach must bring them back to the WCCSC. The forms will be confidential - only the named person (our Vice-President) from CCY will look at the forms to see if there are any problems.